

Arthritis UK

Volunteer Role Profile

Young People's Panel Volunteer

- Time Commitment:** Minimum of 1 hour plus prep per month for online meetings
Max 2 face-to-face meetings per year (could include travel and overnight stays)
Suggested minimum commitment 2 years
- Staff Contact:** Young People and Families Manager/Worker

How you will make a difference

The Young People's Panel is a space for young people aged between 18-24 living with arthritis/arthritis related condition to shape and take part in the support, influencing and research work of Arthritis UK – helping us deliver our mission.

The panel exists to raise awareness that children and young people live with arthritis too, advocating for changes that will improve the lives of people living with arthritis. You will reach out to and work with other young people and their families to understand their needs and to provide support. As a peer advocate you will advise, guide and champion.

Experienced panel members will also act as peer mentors to new panel members – offering guidance and coaching in their role.

What you will be doing

- Shaping our charity's work
- Developing new resources
- Get involved in policy and campaigning work
- Running events/activities for children, young people and families
- Raising awareness through blogs and awareness days

- Act where necessary to ensure everyone can work in a safe and inclusive environment.

Where you will be doing it

- Online sessions using Microsoft Teams
- Your local area
- UK wide for certain meetings.

Who we are looking for

- A young person aged between 18 - 24 years of age diagnosed with arthritis/arthritis related condition
- Enthusiastic about creating positive change
- Caring and willing to embrace diversity
- Team player who listens and respects the views of others
- Keen to contribute, ask questions and suggest alternative ideas
- Good communication skills willing to be involved in discussions
- Punctual, reliable and committed.

What you will get in return

- Training and induction to prepare you for your role plus access to wider training opportunities
- Access to ongoing training, resources and support
- Opportunities to connect, network and make friends with other panel members – who will offer support and guidance
- Develop and enhance your skills
- References for your personal development
- Reimbursement of reasonable expenses
- Opportunity to make a difference to young people living with arthritis.

Important Information

Arthritis UK is committed to protecting children, young people, and vulnerable adults from harm. As part of our recruitment process, we follow safer recruitment practices and carry out the necessary checks to ensure

candidates are suitable to volunteer with these groups. Completion of safeguarding training will also be required at the start of your volunteering.

For this role, our safer recruitment procedures include:

- An informal chat to discuss the role, get to know you and understand your motivations for volunteering
- Two references
- An enhanced criminal record check – including Child with regulated activity or Protection of Vulnerable Groups scheme in Scotland. This requires three identification documents e.g. Passport, driving licence and formal documentation with your address.
- Photo identification.

Ready to join us?

We'd love to hear from you!

Let's **make a difference together.**



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