

Arthritis UK

Volunteer Role Profile

Community Network Support

Time Commitment: 2 to 5 hours per month including support, networking and training

Staff Contact: Regional Officer

How you will make a difference

Do you want to use your knowledge and understanding of life with arthritis to help others? Are you motivated to empower others to feel supported and live the life they chose?

Across the UK, our community networks play a vital part in supporting people with arthritis, chronic pain and arthritis, chronic pain, and musculoskeletal (MSK) conditions. Our community networks are open to all and provide a sense of belonging, unity, and friendship and deliver services and support in their local community.

What you will be doing

- Supporting the Community Network Organiser volunteer with the smooth running of the network
- Promote your network and the work of Arthritis UK to encourage a greater diversity of participants
- Provide a welcoming and supportive environment for all attendees
- Supporting with online administration task
- Ensure safeguarding procedures are followed.

Where you will be doing it

- Face to face session in community settings e.g. community halls, libraries
- Online sessions using Microsoft Teams or Zoom.

Who we are looking for

You don't need to be an expert, just passionate, reliable, and willing to learn!

- Personal experience of arthritis or another long-term condition
- Caring, sensitive, and empathetic to people from all backgrounds
- Good communication skills
- Good IT skills with reliable internet access
- Reliable and committed
- Willing to complete training and work as part of a team
- 18 years or over.

What you will get in return

- Training and induction to prepare you for your role
- Access to resources and ongoing support
- Opportunities to connect and network with other volunteers
- Develop and enhance your skills
- Reimbursement of reasonable expenses
- Opportunity to make a difference to people with arthritis.

Important Information

Arthritis UK is dedicated to protecting children, young people, and vulnerable adults from harm. As part of our recruitment process, we follow safer recruitment practices and carry out the necessary checks to ensure candidates are suitable to volunteer with these groups. Completion of safeguarding training will also be required at the start of your volunteering.

For this role, our safer recruitment procedures include:

- An informal chat to discuss the role, get to know you and understand your motivations for volunteering
- Two references
- Photo identification.

Ready to join us?

We'd love to hear from you!

Let's **make a difference together.**



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