

Arthritis UK

Volunteer Role Profile

Volunteer Forum Member (Engagement Group)

Time Commitment: 4 meetings per year plus reading time and general engagement in VA activity

Staff Contact: Head of Nation

How you will make a difference

At Arthritis UK, we are committed to making sure that people with lived experience are involved at all stages in the work we do. As a member of our volunteer force based in either England, Northern Ireland, Scotland or Wales you give a nation perspective on the work delivered by Arthritis UK.

What you will be doing

- Ensure that the voice of volunteers and people impacted by arthritis is heard
- Actively contribute to shaping meeting agendas, discussions and act as a critical friend to Arthritis UK
- To be actively engaged with local networks of volunteers to ensure their opinions are heard
- This involvement role helps to inspire and influence the work of Arthritis UK to promote strategy, ambitions and key messages both internally and externally, including, in Wales, championing the Welsh language across the organisation.

Where you will be doing it

- Online sessions using Microsoft Teams or Zoom
- In person.

Who we are looking for

You don't need to be an expert, just passionate, reliable, inquisitive and willing to learn!

- Personal experience of arthritis or another long-term condition
- Hold a voluntary role within Arthritis UK and be a member of our involvement network
- Caring, sensitive, and empathetic to people from all backgrounds
- Good communication skills
- Ability to give constructive feedback
- Good IT skills with reliable internet access
- Reliable and committed
- Willing to complete training and work as part of a team
- 18 years or over.

What you will get in return

- Training and induction to prepare you for your role
- Access to ongoing training, resources and support
- Opportunities to connect and network with other volunteers
- Develop valuable communication and support skills
- Opportunity to learn about research and specific research projects
- Reimbursement of reasonable expenses.

Important Information

Arthritis UK is committed to protecting children, young people, and vulnerable adults from harm. As part of our recruitment process, we follow safer recruitment practices and carry out the necessary checks to ensure candidates are suitable to volunteer with these groups. Completion of safeguarding training will also be required at the start of your volunteering.

For this role, our safer recruitment procedures include:

- An informal chat to discuss the role, get to know you and understand your motivations for volunteering
- Two references
- Photo identification.

Ready to join us?

We'd love to hear from you!

Let's **make a difference together.**



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