# **Arthritis UK**

#### **Volunteer Role Profile**

## **Community Network Organiser**

**Time Commitment:** 6 to 8 hours per month including training, supervision,

and support

Staff Contact: Regional Officer

#### How you will make a difference

Do you want to use your knowledge and understanding of life with arthritis to help others? Are you motivated to empower others to feel supported and live the life they chose?

Across the UK, our community networks play a vital part in supporting people with arthritis, chronic pain and arthritis, chronic pain, and musculoskeletal (MSK) conditions. Our community networks are open to all and provide a sense of belonging, unity, and friendship and deliver services and support in their local community.

### What you will be doing

- Be the lead contact for information, resources and support
- Organise a programme of activities and use our online services database to register people and record participant attendance
- Manage the network budget, keeping track of spending and booking venues, refreshments, activities and speakers
- Promote your network and the work of Arthritis UK to encourage a greater diversity of participants
- Option to deliver information sessions to the network (specific training will be required)
- Option to deliver physical activity sessions to the network e.g. chi me, boccia, health walks (specific training will be required)
- Provide a welcoming and supportive environment for all attendees
- Ensure safeguarding procedures are followed.

#### Where you will be doing it

- Face to face session in community settings e.g. community halls, libraries
- Online sessions using Microsoft Teams or Zoom.

#### Who we are looking for

You don't need to be an expert, just passionate, reliable, and willing to learn!

- Personal experience of arthritis or another long-term condition
- Caring, sensitive, and empathetic to people from all backgrounds
- Good communication skills
- Ability to give constructive feedback
- Good IT skills with reliable internet access
- Reliable and committed
- Willing to complete training and work as part of a team
- 18 years or over.

#### What you will get in return

- Training and induction to prepare you for your role
- Access to ongoing training, resources and support
- · Opportunities to connect and network with other volunteers
- Develop and enhance your skills
- Reimbursement of reasonable expenses
- Opportunity to make a difference to people with arthritis.

### **Important Information**

Arthritis UK is dedicated to protecting children, young people, and vulnerable adults from harm. As part of our recruitment process, we follow safer recruitment practices and carry out the necessary checks to ensure candidates are suitable to volunteer with these groups. Completion of safeguarding training will also be required at the start of your volunteering.

For this role, our safer recruitment procedures include:

- An informal chat to discuss the role, get to know you and understand your motivations for volunteering
- Two references
- Photo identification.

## Ready to join us?

We'd love to hear from you! Let's **make a difference together**.



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