

Arthritis UK

Volunteer Role Profile

Changemaker

Time Commitment: Flexible – volunteers can choose which campaigning activities they engage with and how much time they contribute

Staff Contact: Nation Policy and Engagement Manager

How you will make a difference

At Arthritis UK, we have a thriving engaged network of people with experience or understanding of arthritis. Working with our dedicated Campaigns Teams, volunteers will raise awareness of arthritis and bring about change through activities to influence decision makers.

What you will be doing

- Influence decision makers to make arthritis a higher priority
- Advocate for improved services and upholding rights for people with arthritis
- Support and engage in Arthritis UK campaigns
- Gather local insights and experiences to inform Arthritis UK policies
- Campaigning activity is flexible and comes in many forms it might include: writing to and meeting politicians/decision makers, collaborating with staff to engage with media, social media and other campaigns (signing petitions, sharing your personal story and/or finding others who will), sharing campaign and information materials, providing talks to small groups, providing a patient perspective in health and social care at events or during consultations or focus groups).

Where you will be doing it

- Face to face, online sessions using Microsoft Teams or Zoom, or over the telephone – depending on the activity.

Who we are looking for

You don't need to be an expert, just passionate, reliable, inquisitive and willing to learn!

- Someone who is aware of arthritis and the impact it has on people's lives
- Understanding of the need to bring about change through campaigning and has the enthusiasm and desire to make a difference
- Caring, sensitive, and empathetic to people from all backgrounds
- Good communication skills
- Good IT skills with reliable internet access
- Reliable and committed
- Willing to complete training and work as part of a team
- 18 years or over.

What you will get in return

- Training and induction to prepare you for your role
- Access to ongoing training, resources and support from the Policy and Engagement Manager
- Opportunities to connect and network with other volunteers
- Develop and enhance your skills
- Reimbursement of reasonable expenses
- Opportunity to help influence change for people living with arthritis.

Important Information

Arthritis UK is dedicated to protecting children, young people, and vulnerable adults from harm. As part of our recruitment process, we follow safer recruitment practices and carry out the necessary checks to ensure candidates are suitable to volunteer with these groups. Completion of safeguarding training will also be required at the start of your volunteering. For this role, our safer recruitment procedures include:

- An informal chat to discuss the role, get to know you and understand your motivations for volunteering
- Two references
- Photo identification.

Ready to join us?

We'd love to hear from you!

Let's **make a difference together.**



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