

Join our growing community of nurses



As a nurse, you play a vital role in supporting the **20.8 million** people in the UK living with a musculoskeletal (MSK) condition. Whether that's part of your main role in primary, community or secondary care, or something you encounter while treating other conditions.

Our MSK SKILLs programme is dedicated to helping you develop your Skills, Knowledge, Information and Life-long Learning.

How we can support you



Training and CPD

We run free monthly webinars covering hot topics in MSK, and have a suite of paid-for courses designed to support MDT professionals.

SKILLs Community

Join our SKILLs community to get the latest information and insight straight to your inbox, as well as exclusive discounts and early access to our training.



Professional Advisory Community

An online community for innovators in MSK care that provides a peer support network, as well as the opportunity to inform and support the work of Arthritis UK.

Support for your patients



Health Information

Our evidence-based, PIF TICK accredited booklets on conditions, treatments and self-management can be ordered in bulk, for free, for your clinics.

Helpline and support services

Our free Helpline provides tailored information and support by phone, email and chatbot. We also run guided support sessions and have a dedicated young people and families team.



Movement videos

Information on how to exercise safely with arthritis, including our 12-week 'Let's Move with Leon' programme and Surgery Toolkit with prehab and rehab exercises.

DMARD, biologics anti-TNF information

In-depth but easy-to-read information about medicines used to treat people with autoimmune conditions – what they are, how they work and their side effects.



Work Adjustment Plan

The Work Adjustment Plan is designed to support people living with MSK conditions to manage their conditions at work, including managing flare-ups.

Email ProfessionalEngagement@arthritis-uk.org to speak to one of our team and find out how we can support you.