

# UK26545147\_VersusArthritis\_LivedExperience\_June2024

Version: 44

Question type: **Multiple**

#SPD Category: *health*

**[conditions]** Which of the following arthritis conditions do you have? (Arthritis refers to painful, stiff or restricted joints).

Select all that apply.

- <1> Osteoarthritis
- <2> Rheumatoid arthritis
- <3> Psoriatic arthritis
- <4> Reactive arthritis
- <5> Axial spondylarthritis, ankylosing spondylitis and related conditions
- <6> Gout and calcium crystal diseases
- <7> Juvenile idiopathic arthritis (JIA) and/or associated uveitis
  
- <8> Other arthritis condition (open [conditionother]) [open] please specify
- <9> Arthritis but not sure which type
- <99> None of the above

Question type: **Text**

Many thanks for your interest. However, this survey is specific to people with arthritis conditions (conditions which have symptoms of painful, stiff or restricted joints).

Question type: **Single**

#Question display logic:

**if len(conditions) >=2**

**[conditionmostimpact]** You have told us you have more than one arthritis condition.

Please select the one condition which you consider to have the greatest impact on you and your life.

- <1> Osteoarthritis
- <2> Rheumatoid arthritis
- <3> Psoriatic arthritis
- <4> Reactive arthritis
- <5> Axial spondylarthritis, ankylosing spondylitis and related conditions
- <6> Gout and calcium crystal diseases
- <7> Juvenile idiopathic arthritis (JIA) and/or associated uveitis
- <8> \$conditionother
- <9> Arthritis but not sure which type

#option display logic:

<1> - If [conditions] - Osteoarthritis is selected

And <2> - If [conditions] - Rheumatoid arthritis is selected

And <3> - If [conditions] - Psoriatic arthritis is selected

And <4> - If [conditions] - Reactive arthritis is selected

And <5> - If [conditions] - Axial spondylarthritis, ankylosing spondylitis and related conditions is selected

And <6> - If [conditions] - Gout and calcium crystal diseases is selected

And <7> - If [conditions] - Juvenile idiopathic arthritis (JIA) and/or associated uveitis<br/> is selected

And <8> - If [conditions] - Other arthritis condition is selected

And <9> - If [conditions] - Arthritis but not sure which type is selected

[if 1 in conditions and 2 in conditions and 3 in conditions and 4 in conditions and 5 in conditions and 6 in conditions and 7 in conditions and 8 in conditions and 9 in conditions]

Question type: **Single**

**[sex2]** What is your sex? (A later question gives the option to tell us if your gender is different from your sex registered at birth, and, if different, to record your gender).

- <1> Male
- <2> Female

Question type: **Single**

**[gender\_identity2]** Is your gender the same as the sex you were registered at birth?

- <1> Yes
- <2> No (open [gender\_identity2\_other]) [open] please write in gender
- <3> Prefer not to say

Question type: **PdI**

**[ethnicity\_new]** What ethnic group best describes you? Please select one option only. (We ask the question in this way so that it is consistent with Census definitions.)

- |                                                           |                                                       |
|-----------------------------------------------------------|-------------------------------------------------------|
| <1> English / Welsh / Scottish / Northern Irish / British | <11> Bangladeshi                                      |
| <2> Irish                                                 | <12> Chinese                                          |
| <3> Gypsy or Irish Traveller                              | <13> Any other Asian background                       |
| <4> Any other White background                            | <14> African                                          |
| <5> White and Black Caribbean                             | <15> Caribbean                                        |
| <6> White and Black African                               | <16> Any other Black / African / Caribbean background |
| <7> White and Asian                                       | <17> Arab                                             |
| <8> Any other Mixed / Multiple ethnic background          | <18> Any other ethnic group                           |
| <9> Indian                                                | fixed>                                                |
| <10> Pakistani                                            | <19> Prefer not to say                                |
|                                                           | fixed>                                                |

Question type: **Pdl**

#Question display logic:

**if not pdl.profile\_work\_stat or pdl.profile\_work\_stat.last > months(6) and updated**

**[profile\_work\_stat]** Which of these applies to you?

- |     |                                               |
|-----|-----------------------------------------------|
| <1> | Working full time (30 or more hours per week) |
| <2> | Working part time (8-29 hours a week)         |
| <3> | Working part time (Less than 8 hours a week)  |
| <4> | Full time student                             |
| <5> | Retired                                       |
| <6> | Unemployed                                    |
| <7> | Not working                                   |
| <8> | Other                                         |

Question type: **Text**

This survey is about your experience with arthritis and arthritis care.

Please note that, as with all our research, all responses provided will remain confidential and anonymous. We will not report on anything that could identify the respondent. The research is conducted in accordance with the Market Research Society Code of Conduct.

Your YouGov Account will be credited with 50 points for completing the survey. We have tested the survey and found that, on average it takes around 16 minutes to complete. This time may vary depending on factors such as your Internet connection speed and the answers you give.

Please click the forward button below to continue.

Question type: **Single**

**[Q1]** To what extent do you agree or disagree with the following statement?

"My arthritis condition is currently well-managed"

- |      |                            |
|------|----------------------------|
| <1>  | Strongly agree             |
| <2>  | Somewhat agree             |
| <3>  | Neither agree nor disagree |
| <4>  | Somewhat disagree          |
| <5>  | Strongly disagree          |
| <97> | Don't know                 |

Question type: **Grid**

#row order: randomize

**[Q2]** In the past 12 months, to what extent, if at all, have your arthritis symptoms interfered with the following aspects of daily life?

- |         |                                    |
|---------|------------------------------------|
| -[Q2_1] | Your sleep                         |
| -[Q2_2] | Ability to carry out regular tasks |
| -[Q2_3] | Ability to get around              |

|         |                       |
|---------|-----------------------|
| -[Q2_4] | Ability to socialise  |
| -[Q2_5] | Hobbies and interests |
| -[Q2_6] | Ability to exercise   |
| -[Q2_7] | Your life overall     |
| <1>     | Very severely         |
| <2>     | Severely              |
| <3>     | Moderately            |
| <4>     | Mildly                |
| <5>     | Not at all            |
| <97>    | Don't know            |

Question type: **Grid**  
#row order: randomize

**[Q3]** How often, if at all, have you experienced the following symptoms in the past 12 months because of your arthritis condition(s)?

|         |                                                                     |
|---------|---------------------------------------------------------------------|
| -[Q3_1] | Pain                                                                |
| -[Q3_2] | Fatigue (extreme tiredness not improved by rest / a lack of energy) |
| -[Q3_3] | Stiffness or reduced range of motion                                |
| -[Q3_4] | Feeling low or anxious                                              |
| <1>     | All of the time                                                     |
| <2>     | Most of the time                                                    |
| <3>     | Some of the time                                                    |
| <4>     | Never                                                               |
| <97>    | Don't know                                                          |

Question type: **Grid**  
#row order: randomize

**[Q4]** To what extent do you agree or disagree with the following statements?

|         |                                                                         |
|---------|-------------------------------------------------------------------------|
| -[Q4_1] | Having arthritis has had a negative impact on my personal relationships |
| -[Q4_2] | Having arthritis has affected my ability to have a family               |
| <1>     | Strongly agree                                                          |
| <2>     | Somewhat agree                                                          |
| <3>     | Neither agree nor disagree                                              |
| <4>     | Somewhat disagree                                                       |
| <5>     | Strongly disagree                                                       |
| <97>    | Don't know                                                              |
| <98>    | Prefer not to say                                                       |
| <99>    | Not applicable                                                          |

Question type: **Multiple**  
#row order: randomize

**[Q5]** Over the last year, which of the following, if any, have you done to help manage your arthritis condition(s)?

Please select all that apply.

|     |                                                       |
|-----|-------------------------------------------------------|
| <1> | Attempt to/focus on maintaining a healthy body weight |
| <2> | Do exercise or physical activity                      |

|                |                                                                                                    |
|----------------|----------------------------------------------------------------------------------------------------|
| <3>            | Focus on managing wellbeing such as relaxation techniques (eg mediation/mindfulness)               |
| <4>            | Diet - changing consumption of specific foods (e.g. taking supplements or reducing certain intake) |
| <5>            | Lifestyle changes (e.g. reduced smoking and/or alcohol consumption)                                |
| <6>            | Exercise or moving of affected joints                                                              |
| <96 fixed>     | Other (open [Q5other]) [open] please specify                                                       |
| <99 fixed xor> | None of the above                                                                                  |
| <98 fixed xor> | Prefer not to say                                                                                  |

Question type: **Grid**

#row order: randomize

#Question display logic:

**if Q5.has\_any([1,2,3,4,5,6,96])**

**[Q5b]** How useful, if at all, has this been in helping manage your arthritis condition(s)?

|           |                                                                                                    |
|-----------|----------------------------------------------------------------------------------------------------|
| -[Q5b_1]  | Attempt to/focus on maintaining a healthy body weight                                              |
| -[Q5b_2]  | Do exercise or physical activity                                                                   |
| -[Q5b_3]  | Focus on managing wellbeing such as relaxation techniques (eg mediation/mindfulness)               |
| -[Q5b_4]  | Diet - changing consumption of specific foods (e.g. taking supplements or reducing certain intake) |
| -[Q5b_5]  | Lifestyle changes (e.g. reduced smoking and/or alcohol consumption)                                |
| -[Q5b_6]  | Exercise or moving of affected joints                                                              |
| -[Q5b_96] | \$Q5other                                                                                          |
| <1>       | Very useful                                                                                        |
| <2>       | Somewhat useful                                                                                    |
| <3>       | Not very useful                                                                                    |
| <4>       | Not useful at all                                                                                  |
| <97>      | Don't know                                                                                         |
| <98>      | Prefer not to say                                                                                  |

#option display logic:

**[Q5b\_1] - If [Q5] - Attempt to/focus on maintaining a healthy body weight is selected**

**And [Q5b\_2] - If [Q5] - Do exercise or physical activity is selected**

**And [Q5b\_3] - If [Q5] - Focus on managing wellbeing such as relaxation techniques (eg mediation/mindfulness) is selected**

**And [Q5b\_4] - If [Q5] - Diet - changing consumption of specific foods (e.g. taking supplements or reducing certain intake) is selected**

**And [Q5b\_5] - If [Q5] - Lifestyle changes (e.g. reduced smoking and/or alcohol consumption) is selected**

**And [Q5b\_6] - If [Q5] - Exercise or moving of affected joints is selected**

**And [Q5b\_96] - If [Q5] - Other is selected**

**[if 1 in Q5 and 2 in Q5 and 3 in Q5 and 4 in Q5 and 5 in Q5 and 6 in Q5 and 96 in Q5]**

Question type: **Grid**

#row order: randomize

**[Q6]** To what extent do you agree or disagree with the following statements?

|         |                                                                                                   |
|---------|---------------------------------------------------------------------------------------------------|
| -[Q6_1] | I feel like generally other people understand my arthritis condition(s)                           |
| -[Q6_2] | I feel like generally other people understand the impact of arthritis condition(s) has on my life |

|         |                                                                     |
|---------|---------------------------------------------------------------------|
| -[Q6_3] | I have experienced stigma from other people because of my arthritis |
| <1>     | Strongly agree                                                      |
| <2>     | Somewhat agree                                                      |
| <3>     | Neither agree nor disagree                                          |
| <4>     | Somewhat disagree                                                   |
| <5>     | Strongly disagree                                                   |
| <97>    | Don't know                                                          |

Question type: **Single**

**[Q7]** How often, if at all, does your arthritis condition(s) cause you to feel low in mood or anxious?

|      |                   |
|------|-------------------|
| <1>  | All of the time   |
| <2>  | Most of the time  |
| <3>  | Some of the time  |
| <4>  | Never             |
| <97> | Don't know        |
| <98> | Prefer not to say |

Question type: **Single**

**[Q8]** How often, if at all, do you feel isolated because of your arthritis condition(s)?

|      |                   |
|------|-------------------|
| <1>  | All of the time   |
| <2>  | Most of the time  |
| <3>  | Some of the time  |
| <4>  | Never             |
| <97> | Don't know        |
| <98> | Prefer not to say |

Question type: **Grid**

#row order: randomize

**[Q8b]** In the past 12 months, to what extent, if at all, has your arthritis had an impact on:

|          |                                                                                                                                       |
|----------|---------------------------------------------------------------------------------------------------------------------------------------|
| -[Q8b_1] | Your ability to earn money                                                                                                            |
| -[Q8b_2] | Any additional financial expenditures to manage your arthritis (such as paying for treatments, heating or travelling to appointments) |
| <1>      | A great deal                                                                                                                          |
| <2>      | Somewhat                                                                                                                              |
| <3>      | Not very much                                                                                                                         |
| <4>      | None at all                                                                                                                           |
| <97>     | Don't know                                                                                                                            |
| <99>     | Prefer not to say                                                                                                                     |

Question type: **Grid**

#row order: randomize

#Question display logic:

**if profile\_work\_stat==4**

**[Q9]** To what extent, if at all, have the following impacted your ability to complete your studies in the past 12 months?

|         |                                                                                                                                          |
|---------|------------------------------------------------------------------------------------------------------------------------------------------|
| -[Q9_1] | Arthritis symptoms in your joints and spine, including feelings of pain and stiffness                                                    |
| -[Q9_2] | Attending healthcare appointments for your arthritis condition                                                                           |
| -[Q9_3] | Wider impacts of your arthritis condition(s), including fatigue (extreme tiredness that doesn't improve with rest), low mood, or anxiety |
| <1>     | To a great extent                                                                                                                        |
| <2>     | Somewhat                                                                                                                                 |
| <3>     | Not very much                                                                                                                            |
| <4>     | Not at all                                                                                                                               |
| <97>    | Don't know                                                                                                                               |

Question type: **Single**  
 #Question display logic:  
 if profile\_work\_stat==5

**[Q10]** To what extent, if at all, did arthritis play a part in your decision to retire?

|      |                   |
|------|-------------------|
| <1>  | To a great extent |
| <2>  | Somewhat          |
| <3>  | Not very much     |
| <4>  | Not at all        |
| <97> | Don't know        |

Question type: **Grid**  
 #row order: randomize

**[Q11]** To what extent, if at all, have any of the following specific aspects of your arthritis condition(s) ever impacted your ability to work:

|          |                                                                                                                                          |
|----------|------------------------------------------------------------------------------------------------------------------------------------------|
| -[Q11_1] | Arthritis symptoms in your joints and spine, including feelings of pain and stiffness                                                    |
| -[Q11_2] | Attending healthcare appointments for your arthritis condition                                                                           |
| -[Q11_3] | Wider impacts of your arthritis condition(s), including fatigue (extreme tiredness that doesn't improve with rest), low mood, or anxiety |
| <1>      | To a great extent                                                                                                                        |
| <2>      | Somewhat                                                                                                                                 |
| <3>      | Not very much                                                                                                                            |
| <4>      | Not at all                                                                                                                               |
| <97>     | Don't know                                                                                                                               |
| <99>     | Not applicable                                                                                                                           |

Question type: **Multiple**

**[Q12]** Has your arthritis condition(s) ever impacted your ability to work?

|         |                                                                                       |
|---------|---------------------------------------------------------------------------------------|
| <1 xor> | Yes, but I have not changed my hours or my role                                       |
| <2>     | Yes, I have had to adjust or reduce my hours at work because of my arthritis symptoms |
| <3>     | Yes, I have had to make changes to my role because of my arthritis symptoms           |
| <4>     | Yes, I have had to change my job or re-train because of my arthritis symptoms         |

|          |                                                                                       |
|----------|---------------------------------------------------------------------------------------|
| <5>      | Yes, I have had to stop work because of my arthritis symptoms                         |
| <6 xor>  | Yes, I have never worked because of my arthritis symptoms                             |
| <7 xor>  | No, my arthritis condition(s) has never impacted my ability to work                   |
| <98 xor> | Not applicable - I have never worked but not as a result of my arthritis condition(s) |
| <97 xor> | Don't know(71)                                                                        |
| <99 xor> | Prefer not to say (72)                                                                |

Question type: **Grid**  
 #row order: randomize  
 #Question display logic:  
 if Q12.has\_any([1,2,3,4,5,6])

**[Q12b]** To what extent have the following aspects of your job impacted your ability to work:

|           |                                                                                                                                                                                                                                           |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| -[q12b_1] | The physical / manual demands of my role                                                                                                                                                                                                  |
| -[q12b_2] | Lack of adjustments from my employer                                                                                                                                                                                                      |
| -[q12b_3] | Limited <u>flexibility</u> (Flexible working is defined as working arrangements which allow employees to vary the amount, timing, or location of their work, usually to the mutual benefit of the individual and organisation) in my role |
| <1>       | To a great extent                                                                                                                                                                                                                         |
| <2>       | Somewhat                                                                                                                                                                                                                                  |
| <3>       | Not very much                                                                                                                                                                                                                             |
| <4>       | Not at all                                                                                                                                                                                                                                |
| <97>      | Don't know                                                                                                                                                                                                                                |
| <98>      | Not applicable                                                                                                                                                                                                                            |

Question type: **Text**

In the next section, we would like you to consider just your experiences in relation to your arthritis condition(s) which has the biggest impact on your life - \$conditionmostimpact.

Question type: **Text**

In the next section, we would like you to consider just your experiences in relation to your arthritis condition(s) which has the biggest impact on your life - \$conditionother.

Question type: **Single**

**[Q13]** How long ago did you first notice your symptoms having an negative impact on your life? Please give your answer to the closet year, and give your best guess if you are unsure

|     |                                                                   |
|-----|-------------------------------------------------------------------|
| <1> | undefined (open [Q13open1]) [open:integer, Range:1~100] Years ago |
| <2> | Less than a year ago                                              |
| <3> | N/A - my symptoms do not negatively impact my life                |

Question type: **Single**

**[Q14]** When was the first time you saw a healthcare professional about these arthritis symptoms?

(E.g. a GP, consultant, physiotherapist. This may have been via the NHS or privately)

Please give your answer to the closest year, and give your best guess if you are unsure

- <1> undefined (open [Q14open1]) [open:integer, Range:1~100] Years ago
- <2> Less than a year ago
- <3> I have never seen a healthcare professional about these arthritis symptoms
- <99> Prefer not to say

Question type: **Grid**

#row order: randomize

#Question display logic:

**If [Q14] - undefined or Less than a year ago, is selected [if Q14 in [1,2]]**

**[Q15]** To what extent, if at all, did you experience any of the following when trying to identify your arthritis condition:

- [Q15\_1] My symptoms not being taken seriously or being underplayed by healthcare professionals
- [Q15\_2] Unreasonable waits/delays in getting an appointment with the relevant specialist
- [Q15\_3] Unreasonable waits/delays in accessing tests or test results
- <1> A great deal
- <2> Somewhat
- <3> Not very much
- <4> Not at all
- <99> Prefer not to say
- <97> Don't know
- <98> Not applicable to me

Question type: **Single**

#Question display logic:

**If [Q14] - undefined or Less than a year ago, is selected [if Q14 in [1,2]]**

**[Q16]** Have you been given a diagnosis that includes the definite name indicating the type of arthritis you have (e.g. Osteoarthritis, Rheumatoid Arthritis or Gout rather than an umbrella term like 'arthritis')?

- <1> Yes
- <2> Yes, but I don't agree with the diagnosis I have received
- <3> No, but I am currently waiting for further investigations regarding this (e.g. test results, a referral)
- <4> No, I have not been given a diagnosis
- <99> Prefer not to say

Question type: **Single**

#Question display logic:

**If [Q16] - Yes or Yes, but I don't agree with the diagnosis I have received, is selected [if Q16 in [1,2]]**

**[Q17]** How long ago were you first given a diagnosis?

Please give your answer to the closest year, and give your best guess if you are unsure

- <1> undefined (open [Q17open1]) [open:integer, Range:1~100] Years ago
- <2> Less than a year ago
- <3> I have never seen a healthcare professional about these arthritis symptoms
- <99> Prefer not to say

**Question type: Grid**

**#row order: randomize**

**#Question display logic:**

**If [Q16] - Yes or Yes, but I don't agree with the diagnosis I have received, is selected [if Q16 in [1,2]]**

**[Q18]** To what extent do you agree or disagree with the following statements?

- [Q18\_1] The process of getting a diagnosis took too long
- [Q18\_2] I was able to ask questions and check my understanding when I got the diagnosis
- <1> Strongly agree
- <2> Somewhat agree
- <3> Neither agree nor disagree
- <4> Somewhat disagree
- <5> Strongly disagree
- <97> Don't know
- <98> Prefer not to say

**Question type: Grid**

**#row order: randomize**

**#Question display logic:**

**If [Q16] - Yes or Yes, but I don't agree with the diagnosis I have received, is selected [if Q16 in [1,2]]**

**[Q19]** To what extent do you agree or disagree with these statements:

Having a diagnosis from a healthcare professional...

- [Q19\_1] Validates my experiences
- [Q19\_2] Helps me to manage my symptoms
- [Q19\_3] Helps me to access communities of support (e.g. online communities, peer support networks, charity groups)
- [Q19\_4] Helps me to access treatment(s)
- <1> Strongly agree
- <2> Somewhat agree
- <3> Neither agree nor disagree
- <4> Somewhat disagree
- <5> Strongly disagree
- <97> Don't know
- <98> Prefer not to say
- <99> Not applicable to me

Question type: **Multiple**

#row order: randomize

#Question display logic:

**If [Q14] - I have never seen a healthcare professional about these arthritis symptoms is selected [if Q14 == 3]**

**[Q20]** You said you have not seen a healthcare professional about your arthritis symptoms...Why is this?

Please select all that apply.

- |     |                                                                                                                         |                |                                                                               |
|-----|-------------------------------------------------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------|
| <1> | My symptoms are not serious enough to seek help                                                                         | <7>            | I don't think its a priority for health professionals to see me at the moment |
| <2> | I can manage my symptoms myself                                                                                         | <8>            | I am not satisfied with the support available from medical professionals      |
| <3> | I do not think that my symptoms are treatable / treatment will work                                                     | <9>            | I do not like going to doctors/healthcare professionals                       |
| <4> | I have tried, but have not been able to get an appointment to discuss my symptoms                                       | <10 fixed>     | Other - please specify                                                        |
| <5> | I am unsure about where to go / how to access an appointment                                                            | <98 fixed xor> | Prefer not to say                                                             |
| <6> | I am unable to attend an appointment / receive treatment (eg due to work or caring responsibilities, lack of transport) | <97 fixed xor> | Don't know                                                                    |

Question type: **Grid**

#row order: randomize

#Question display logic:

**If [Q14] - I have never seen a healthcare professional about these arthritis symptoms is selected**

**Or If [Q16] - No, but I am currently waiting for further investigations regarding this (e.g. test results, a referral) or No, I have not been given a diagnosis, is selected [if Q14 == 3 or Q16 in [3,4]]**

**[Q21]** To what extent do you agree or disagree with these statements:

If I had a diagnosis from a healthcare professional, I believe it would...

- |          |                                                                                                           |
|----------|-----------------------------------------------------------------------------------------------------------|
| -[Q21_1] | validate my experiences                                                                                   |
| -[Q21_2] | help me to manage my symptoms                                                                             |
| -[Q21_3] | help me to access communities of support (e.g. online communities, peer support networks, charity groups) |
| -[Q21_4] | help me to access treatment (s)                                                                           |
| <1>      | Strongly agree                                                                                            |
| <2>      | Somewhat agree                                                                                            |
| <3>      | Neither agree nor disagree                                                                                |
| <4>      | Somewhat disagree                                                                                         |
| <5>      | Strongly disagree                                                                                         |
| <97>     | Don't know                                                                                                |

<98>

Prefer not to say

Question type: **Single**

#Question display logic:

**If [Q14] - I have never seen a healthcare professional about these arthritis symptoms is selected**

**Or If [Q16] - No, but I am currently waiting for further investigations regarding this (e.g. test results, a referral) or No, I have not been given a diagnosis, is selected**

**[if Q14 == 3 or Q16 in [3,4]]**

**[Q22]** How bothered are you, if at all, that you do not have a diagnosis for your arthritis condition?

<1>

Very bothered

<2>

Somewhat bothered

<3>

Not very bothered

<4>

Not bothered at all

<97>

Don't know

Question type: **Grid**

#row order: randomize

**[Q23]** What level of understanding do you think you have in each of the following:

-[Q23\_1]

Which type of arthritis you have

-[Q23\_2]

The nature of your condition (what is going on in your body that gives you these symptoms)

-[Q23\_3]

What the future might hold for someone with your condition

-[Q23\_4]

Things you can do yourself to improve your health to help manage your condition

-[Q23\_5]

The range of treatment options available for your condition

<1>

Excellent understanding

<2>

Good understanding

<3>

Adequate understanding

<4>

Limited understanding

<5>

No understanding at all

<96>

Don't know

<98>

Prefer not to say

Question type: **Text**

In the next section, we would like you to consider your experiences in relation to \_all\_ arthritis conditions that you have.

Question type: **Grid**

**[Q24]** Which, if any, of the following kinds of medicines or treatments have you had to manage your arthritis condition(s)?

|          |                                                                                                 |            |                                                                                                                                            |
|----------|-------------------------------------------------------------------------------------------------|------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| -[Q24_1] | Prescription pain tablets (e.g. opioid painkillers like codeine, anti-inflammatories)           | -[Q24_7]   | Surgery                                                                                                                                    |
| -[Q24_2] | Over the counter pain tablets (e.g. ibuprofen, aspirin, paracetamol, codeine)                   | -[Q24_8]   | Physiotherapy                                                                                                                              |
| -[Q24_3] | Anti-inflammatory gels and creams (e.g. ibuprofen, Voltarol) - prescription or over the counter | -[Q24_9]   | Other physical therapies (e.g. hydrotherapy, osteopathy, chiropractic)                                                                     |
| -[Q24_4] | Capsaicin cream - prescription or over-the-counter                                              | - [Q24_10] | Other types of therapy (e.g. massage, acupuncture, thermotherapy/heat therapy, use of TENS machine)                                        |
| -[Q24_5] | Medicines to control the immune system (e.g. steroid tablets, Methotrexate, biologics)          | - [Q24_11] | Complementary or alternative medicines (e.g. supplements, vitamins, herbal therapies, such as turmeric, fish oil, homoeopathy, bath salts) |
| -[Q24_6] | Steroid injections into joint/muscle                                                            | - [Q24_12] | Something else                                                                                                                             |
| <1>      | Within the last year                                                                            |            |                                                                                                                                            |
| <2>      | More than a year ago                                                                            |            |                                                                                                                                            |
| <99>     | Not applicable - I have never received this medicine/treatment                                  |            |                                                                                                                                            |
| <98>     | Prefer not to say                                                                               |            |                                                                                                                                            |
| <97>     | Don't know/Can't remember                                                                       |            |                                                                                                                                            |

Question type: **Multiple**

#row order: *randomize*

**[Q25]** Have any of these made it harder for you to access treatment for your arthritis condition(s)? Select all that apply.

|                  |                                                                                          |
|------------------|------------------------------------------------------------------------------------------|
| <1>              | Difficulty travelling to get treatment                                                   |
| <2>              | Difficulty taking time off work                                                          |
| <3>              | Difficulty attending appointments due to caring responsibilities                         |
| <4>              | The cost of treatment (paying for treatment privately)                                   |
| <5 fixed>        | Other (open [Q25other]) [open] please specify                                            |
| <97 fixed xor>   | Don't know                                                                               |
| <98 fixed xor>   | Prefer not to say                                                                        |
| <99 fixed xor>   | Not applicable - I have not found it hard to access treatment for my arthritis condition |
| <999 fixed xor>  | Not applicable - I have not tried to access treatment                                    |
| <9999 fixed xor> | Not applicable - treatment is not available for me                                       |

Question type: **Grid**

#row order: *randomize*

#Question display logic:

**if Q24\_1 in [1,2] or Q24\_2 in [1,2] or Q24\_3 in [1,2] or Q24\_4 in [1,2] or Q24\_5 in [1,2] or Q24\_6 in [1,2] or Q24\_7 in [1,2] or Q24\_8 in [1,2] or Q24\_9 in [1,2] or Q24\_10 in [1,2] or Q24\_11 in [1,2] or Q24\_12 in [1,2]**

**[Q26]** Thinking about any treatments you have ever received for your arthritis condition(s), has the treatment(s) helped with the following?

|          |                                                                     |
|----------|---------------------------------------------------------------------|
| -[Q26_1] | Pain                                                                |
| -[Q26_2] | Fatigue (extreme tiredness not improved by rest / a lack of energy) |
| -[Q26_3] | Stiffness or reduced range of motion                                |

|          |                                               |
|----------|-----------------------------------------------|
| -[Q26_4] | Helping you live the life you want to lead    |
| <1>      | A great deal                                  |
| <2>      | Somewhat                                      |
| <3>      | Not very much                                 |
| <4>      | Not at all                                    |
| <99>     | Not applicable - symptom not applicable to me |
| <98>     | Prefer not to say                             |
| <97>     | Don't know                                    |

Question type: **Grid**

#row order: randomize

#Question display logic:

**if Q24\_1 in [1,2] or Q24\_2 in [1,2] or Q24\_3 in [1,2] or Q24\_4 in [1,2] or Q24\_5 in [1,2] or Q24\_6 in [1,2] or Q24\_7 in [1,2] or Q24\_8 in [1,2] or Q24\_9 in [1,2] or Q24\_10 in [1,2] or Q24\_11 in [1,2] or Q24\_12 in [1,2]**

**[Q27]** Thinking about the communication with your healthcare professionals regarding your arthritis condition(s) overall, to what extent do you agree or disagree with the following statements?

|          |                                                                                                                 |
|----------|-----------------------------------------------------------------------------------------------------------------|
| -[Q27_1] | The range of treatment options was communicated to me clearly (including non-medical options if appropriate)    |
| -[Q27_2] | The risks and benefits of any treatments was clearly communicated to me                                         |
| -[Q27_3] | Communication about any waiting times for treatment was clear                                                   |
| -[Q27_4] | The healthcare professionals involved in my treatment and management communicate and coordinate with each other |
| -[Q27_5] | I was given an opportunity to talk about my individual needs and preferences                                    |
| -[Q27_6] | I can have reviews to discuss the status of my condition and treatment as often I need                          |
| <1>      | Strongly agree                                                                                                  |
| <2>      | Somewhat agree                                                                                                  |
| <3>      | Neither agree nor disagree                                                                                      |
| <4>      | Somewhat disagree                                                                                               |
| <5>      | Strongly disagree                                                                                               |
| <97>     | Don't know                                                                                                      |
| <98>     | Prefer not to say                                                                                               |
| <99>     | Not applicable to me                                                                                            |

Question type: **Grid**

#row order: randomize#Transposing rows and columns

#Question display logic:

**if Q24\_6 in [1,2] or Q24\_7 in [1,2] or Q24\_8 in [1,2]**

**[Q28]** You said you've had the following kind(s) of medicine or treatment to manage your arthritis condition(s)... How was this paid for? Please select all that apply (including any consultations prior to treatment).

|                            |                                                                                     |
|----------------------------|-------------------------------------------------------------------------------------|
| -[Q28_6 if Q24_6 in [1,2]] | Steroid injections into joint/muscle                                                |
| -[Q28_7 if Q24_7 in [1,2]] | Surgery                                                                             |
| -[Q28_8 if Q24_8 in [1,2]] | Physiotherapy                                                                       |
| <1>                        | Funded by the NHS                                                                   |
| <2>                        | Self-funded                                                                         |
| <3>                        | Via a loan (from a bank, family or friends)                                         |
| <4>                        | Health Insurance (this includes insurance paid for by your employer or by yourself) |

- <5> Other
- <99> Prefer not to say
- <97> Don't know
- <977> Can't remember

Question type: **Single**

**[Q29]** Have you been told that you are currently, or were previously during the past 12 months, on a waiting list to receive treatment for your arthritis condition(s)?

- <1> I am currently on a waiting list for treatment
- <2> I am not currently on a waiting list for treatment, but I was in the past 12 months
- <3> No I have not been on a waiting list for treatment at all in the past 12 months
- <97> Don't know
- <99> Prefer not to say

Question type: **Multiple**

#row order: randomize

#Question display logic:

**If [Q29] - I am currently on a waiting list for treatment or I am not currently on a waiting list for treatment, but I was in the past 12 months, is selected [if Q29 in [1,2]]**

**[Q30]** Which of the following treatments, if any, have you been told that you are currently (or were previously during the past 12 months) on the waiting list for or have been on the waiting list for? Please select all that apply.

- <1> Surgery
- <2> Occupational or physical therapy (physiotherapy, hydrotherapy, osteopathy, chiropractic)
- <3> Steroid Injection into joint
- <4> Pain management programme
- <5> Medicines to control the immune system (e.g. steroid tablets, Methotrexate, biologics)
- <6 fixed> Other (open [Q30other]) [open] please specify
- <98 fixed xor> None of the above
- <99 fixed xor> Prefer not to say

Question type: **Grid**

#Question display logic:

**if Q30.has\_any([1,2,3,4,5,6])**

**[Q31]** How long have you been / were you on the waiting list to receive this treatment for (from the first time a treatment was discussed with you as a serious option)? Please give your best guess if you are unsure.

- [Q31\_1] Surgery
- [Q31\_2] Occupational or physical therapy (physiotherapy, hydrotherapy, osteopathy, chiropractic)
- [Q31\_3] Steroid Injection into joint
- [Q31\_4] Pain management programme
- [Q31\_5] Medicines to control the immune system (e.g. steroid tablets, Methotrexate, biologics)

|          |                           |
|----------|---------------------------|
| -[Q31_6] | \$Q30other                |
| <1>      | One week                  |
| <2>      | One month                 |
| <3>      | 2-3 months                |
| <4>      | 4-6 months                |
| <5>      | 7-12 months               |
| <6>      | 1-2 years                 |
| <7>      | 2-4 years                 |
| <8>      | 5+ years                  |
| <97>     | Don't know/can't remember |
| <99>     | Prefer not to say         |

#option display logic:

**[Q31\_1] - If [Q30] - Surgery is selected**

**And [Q31\_2] - If [Q30] - Occupational or physical therapy (physiotherapy, hydrotherapy, osteopathy, chiropractic) is selected**

**And [Q31\_3] - If [Q30] - Steroid Injection into joint is selected**

**And [Q31\_4] - If [Q30] - Pain management programme is selected**

**And [Q31\_5] - If [Q30] - Medicines to control the immune system (e.g. steroid tablets, Methotrexate, biologics) is selected**

**And [Q31\_6] - If [Q30] - Other is selected**

**[if 1 in Q30 and 2 in Q30 and 3 in Q30 and 4 in Q30 and 5 in Q30 and 6 in Q30]**

Question type: **Grid**

#row order: randomize

#Question display logic:

**If [Q29] - I am currently on a waiting list for treatment or I am not currently on a waiting list for treatment, but I was in the past 12 months, is selected [if Q29 in [1,2]]**

**[Q32] Has waiting for treatment(s) had an impact on any of the following...?**

|          |                                                                       |
|----------|-----------------------------------------------------------------------|
| -[Q32_1] | Your ability to work                                                  |
| -[Q32_2] | Your ability to perform caring responsibilities (including childcare) |
| -[Q32_3] | Your mental health                                                    |
| -[Q32_4] | Your social activities                                                |
| <1>      | A great deal                                                          |
| <2>      | Somewhat                                                              |
| <3>      | Not very much                                                         |
| <4>      | Not at all                                                            |
| <97>     | Don't know                                                            |
| <98>     | Not applicable                                                        |
| <99>     | Prefer not to say                                                     |

Question type: **Single**

**[FinancesComfort]** Thinking about your finances, which of the following best reflects your position?

By essentials we mean rent/ mortgage payments, bills such as energy and water, food and toiletries.

|     |                                                                                               |
|-----|-----------------------------------------------------------------------------------------------|
| <1> | I cannot afford my essential costs, and often have to go without things like food and heating |
|-----|-----------------------------------------------------------------------------------------------|

- <2> I can only just afford my essential costs and often struggle to make ends meet
- <3> I can normally comfortably cover the essentials, but I do not often have money for luxuries
- <4> I am relatively comfortable financially
- <5> I am very comfortable financially
- <99> Prefer not to say

Question type: **Multiple**

**[BenefitsClaiming]** Which, if any, of the following government benefits or financial support are you currently claiming? Select all that apply.

- |     |                                        |                |                            |
|-----|----------------------------------------|----------------|----------------------------|
| <1> | Council tax benefit                    | <9>            | Working tax credit         |
| <2> | Disability benefit (e.g PIP, ESA, DLA) | <10>           | Income support             |
| <3> | Carers allowance                       | <11>           | Pension credit             |
| <4> | Attendance allowance                   | <12>           | Jobseekers Allowance (JSA) |
| <5> | Housing benefit                        | <13>           | Universal credit           |
| <6> | Winter fuel allowance                  | <98 fixed xor> | Prefer not to say          |
| <7> | Child benefit                          | <99 fixed xor> | None of these              |
| <8> | Child tax credit                       |                |                            |

Question type: **Single**

#Question display logic:

**if BenefitsClaiming.has\_any([1,2,3,4,5,6,7,8,9,10,11,12,13])**

**[WhyBenefits]** You stated that you currently claim government benefits or financial support... Is this because of your arthritis condition(s)?

- <1> Yes, only because of my arthritis condition(s)
- <2> Yes, in part because of my arthritis condition(s)
- <3> No
- <97> Don't know

Question type: **Single**

**[disabilityconsider]** Would you consider yourself to be disabled or have a disability? Select one.

- <1> Yes, due to my arthritis
- <2> Yes, due to my arthritis and other condition(s)
- <3> Yes, due to another condition(s)
- <4> No, I would not consider myself as having a disability
- <99> Prefer not to say

Question type: **Multiple**

**[diagnosed]** Which, if any, of the following have you been diagnosed with? Please select all that apply.

- |      |             |      |                    |
|------|-------------|------|--------------------|
| <30> | Acid reflux | <14> | Hearing impairment |
|------|-------------|------|--------------------|

|      |                                       |            |                       |
|------|---------------------------------------|------------|-----------------------|
| <1>  | Alzheimer's                           | <29>       | High blood pressure   |
| <2>  | Arthritis - Osteoarthritis            | <22>       | High cholesterol      |
| <3>  | Arthritis - rheumatoid arthritis      | <15>       | HIV/ Aids             |
| <4>  | Arthritis - other / unsure which type | <25>       | Incontinence          |
| <5>  | Asthma                                | <19>       | Mental health illness |
| <6>  | Autism                                | <16>       | Multiple Sclerosis    |
| <7>  | Cancer                                | <17>       | Osteoporosis          |
| <8>  | Cerebral Palsy                        | <18>       | Parkinson's disease   |
| <9>  | Cystic fibrosis                       | <27>       | Premature ejaculation |
| <10> | Dementia                              | <23>       | Stroke                |
| <11> | Diabetes                              | <24>       | Urinary difficulties  |
| <12> | Dyslexia                              | <28>       | Vaginal dryness       |
| <13> | Epilepsy                              | <21>       | Visual impairment     |
| <26> | Erectile dysfunction                  | <100       | Prefer not to say     |
| <20> | Heart disease                         | fixed xor> |                       |
|      |                                       | <99 fixed  | None of these         |
|      |                                       | xor>       |                       |

**Question type: Open**  
#any

**[Q33]** If there are things you would like to have been asked, but were not included in the survey, please share your experiences below. You might want to share your experiences around receiving a diagnosis, accessing treatment or the impact of arthritis on your life.

N/A

**Question type: Text**

Thank you so much for taking the time to fill out this survey, your input is invaluable. All responses are completely anonymous.

**Question type: Single**

**[VAcontact]** Want to hear more about the work we do and ways you can support Versus Arthritis? Don't miss out on hearing about our latest research, support services and advocacy campaigns, as well as fantastic volunteering, fundraising and event opportunities. Please include your email address below, and **\*\*by doing so you provide consent for Versus Arthritis to contact you\*\***.

You can change your preferences or opt out at any time by calling 0300 7900444 or emailing [supportercare@versusarthritis.org](mailto:supportercare@versusarthritis.org)

For more information on how we protect and use your personal information, please visit <https://www.versusarthritis.org/about-us/our-policies/privacy-notice/>

- <1> Yes, please send me details of how Versus Arthritis can help those living with arthritis (open [VAcontactemail]) [open] Enter your email address here
- <2> No

Question type: **Single**

**[storycontact]** If you want to share your story further then Versus Arthritis would love to hear from you, as your lived experience is essential in the work that we do. If you would be happy to be contacted by email please select below. You can also email [mystory@versusarthritis.org](mailto:mystory@versusarthritis.org) with a brief rundown of your story and if you would be interested in discussing your experiences further.

- <1> I consent to being contacted by email on \$VAcontactemail to share my story further
- <2> I consent to being contacted by email to share my story further (open [storyemail]) [open] Enter your email address here
- <3> No

#option display logic:

**<1> - If [VAcontact] - Yes, please send me details of how Versus Arthritis can help those living with arthritis is selected**  
**And <2> - If [VAcontact] - No is selected**  
**[if VAcontact == 1 and VAcontact == 2]**

**[profile\_gross\_household] {single varlabel="Income - gross household"}** Gross HOUSEHOLD income is the combined income of all those earners in a household from all sources, including wages, salaries, or rents and before tax deductions. What is your gross household income?

- <1> under £5,000 per year
- <2> £5,000 to £9,999 per year
- <3> £10,000 to £14,999 per year
- <4> £15,000 to £19,999 per year
- <5> £20,000 to £24,999 per year
- <6> £25,000 to £29,999 per year
- <7> £30,000 to £34,999 per year
- <8> £35,000 to £39,999 per year
- <9> £40,000 to £44,999 per year
- <10> £45,000 to £49,999 per year
- <11> £50,000 to £59,999 per year
- <12> £60,000 to £69,999 per year
- <13> £70,000 to £99,999 per year
- <14> £100,000 to £149,999 per year
- <15> £150,000 and over

<16> Don't know

<17> Prefer not to answer

**[profile\_household\_children\_responsible] {single varlabel="Household size - number of children in household directly responsible for"}** Of those children aged under 18 in your household, for how many are you directly responsible (ie you are their parent or carer)?

<1> 0

<2> 1

<3> 2

<4> 3

<5> 4

<6> 5 or more

<7 if 0> 6 or more

<8> Don't know

<9> Prefer not to say

<99 if 0> There are no children below 18 in my household

**[disability] {single varlabel = "Health/Disability issues (12 months)" spd\_category="health"}** Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months?

<1> Yes, limited a lot

<2> Yes, limited a little

<3> No